

Diabetes Benefit

All OH Medicaid Managed Care Organizations 2022

- All MCO Quality Limits on Non-CGM Diabetic Supplies**

Product	Unified Criteria
Blood Ketone Strips	QL: 100/30 days
Insulin Syringes (disposable)	QL: 7/day
Pen Needles	QL: 7/day (UPDL QL 612/102 days)
Alcohol Swabs	QL: 10/day
Blood Glucose Strips	QL: Noninsulin 2/day Insulin: 7/day
Blood Glucose Meters (Meter Brands-TruMatrix and One Touch)	QL: 1/720 days

- Unified Preferred Drug List (UPDL)**

All MCOs have a UPDL- refer to the UPDL for medications. The UPDL can be accessed on the Ohio Department of Medicaid website (link below).

The Ohio Department of Medicaid implemented a Unified Preferred Drug List (UPDL) on January 1st, 2020 that encompasses the entire Medicaid population regardless of enrollment in Managed Care or Fee for Service (FFS).

[Ohio Unified Preferred Drug List | pharmacy.medicaid.ohio.gov](http://pharmacy.medicaid.ohio.gov)

- Continuous Glucose Monitors (CGM)**

CGM Device Coverage by Plan

<u>Managed Care Organization</u>	<u>Prior Authorization Required?</u>	<u>Quantity Limits on Supplies</u>	<u>Covered Devices</u>
Medicaid Fee for Service	No	Yes	DexCom G6 AND FreeStyle Libre
Buckeye Health Plan	No	Yes	DexCom G6 AND FreeStyle Libre
CareSource	No	Yes	DexCom G6 AND FreeStyle Libre
Molina	No	Yes	DexCom G6 AND FreeStyle Libre
Anthem/Paramount	No	Yes	DexCom G6 AND FreeStyle Libre
United Healthcare	No	Yes	DexCom G6 AND FreeStyle Libre

• **Diabetes Self-Management Education Covered by all Ohio Medicaid Managed Care Plans**

Summary of Diabetes Education		
	Diabetes Self-Management Education (DSME)	Medical Nutrition Therapy (MNT)
Description	“Ongoing process of facilitating the knowledge, skills, and ability necessary for diabetes self-care, and activities that assist with implementing and sustaining the behaviors needed to manage his or her condition on an ongoing basis, beyond or outside of formal self-management training.” The ADA recommends four critical times to evaluate the need for DSME: at diagnosis, annually &/or when treatment targets are not met, when complicating factors develop, and when transitions of life/care occur.	Defined as a “nutrition-based treatment provided by a registered dietitian nutritionist.” It includes “a nutrition diagnosis as well as therapeutic and counseling services to help manage diabetes.
Program components	Core Content including Diabetes pathophysiology and treatment options, and seven self-care behaviors: <ul style="list-style-type: none"> • Healthy eating • Physical activity • Medication usage • Monitoring and using patient health data • Preventing, detecting, and treating acute and chronic complications • Healthy coping with psychosocial issues and concerns • Problem solving 	An intensive comprehensive service: <ul style="list-style-type: none"> • Involves in-depth individualized nutrition assessment • Relies heavily on follow-up to provide repeated reinforcement to aid with behavior change • Establishes goals, a care plan, and interventions • Plans for follow-up over multiple visits to assist with behavioral and lifestyle changes relative to each individual’s nutrition problems and medical condition or disease
Program Benefits	Improves health outcomes as patient maintains better control of A1c	Focuses on nutrition component for diabetes and A1c management
Frequency	<u>Initial year:</u> Up to 10 hours of initial training within a continuous 12-month period; or <u>Subsequent years:</u> Up to 2 hours of follow-up training each year after the initial year *Telehealth DSME is covered	<u>Initial year:</u> Up to 3 hours <u>Subsequent years:</u> 2 hours
Provided by	Diabetes educators: Medicaid provider, ADA-recognized and/or ADCES-accredited DSME Program. Refer to member’s Managed Care Plan for local network providers.	Registered dietitians or nutritional professionals Go to <i>the Academy of Nutrition and Dietetics</i> website to find a local registered dietician: https://www.eatright.org/find-an-expert
Codes	Individual: G0108 Group (2 or more): G0109	Individual: 97802 (Initial) and 97803 (subsequent) Group: 97804

Sources: [2017 National Standards for DSME](#); [American Association of Diabetes Educators](#); [Medicare reimbursement](#); [2021 ADA Standards of Care in Diabetes](#); [CDC](#)

• **Managed Care Plan Contacts for DSME/MNT**

Managed Care Plan	DSME Lead	Email Address
Aetna	Michelle Wanish QM Manager	Wanishm@aetna.com
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Molina	Ann Fogarty Case Manager II, HealthCare Services	Ann.Fogarty@MolinaHealthCare.Com
Anthem/Paramount Advantage	Andrew Mariani Quality Improvement Team Lead	Andrew.Mariani@ProMedica.org
UnitedHealthcare	Samantha Froimson Diabetes Population Health QI Lead	Samantha.froimson@uhc.com

